



Midstream Fertility Clinic

Guidelines for Semen Analysis





Guidelines for Semen Analysis

Please follow these guidelines if you want to submit a semen sample for analysis:

1. The following blood test needs to be available before semen analysis can be done at Midstream Fertility Clinic:
HIV
Hepatitis C
Hepatitis B

* Please contact us for the necessary forms for blood tests.
2. Once your blood results are received you will be contacted by Sr Lia van den Berg to schedule a time for your analysis. These tests are done strictly by appointment only!
3. Abstain for a minimum of 3 days (maximum of 7 days) i.e. no sexual intercourse or masturbation for at least 3 days prior to your analysis.
4. The specimen must be produced by means of masturbation only, directly into the sterile container provided with this instruction leaflet.
5. The whole ejaculate must be collected - try not to spill anything.
6. No condoms or lubricants can be used during masturbation, due to its toxic effect on the sperm.
7. The specimen can be produced at home, provided that it is not older than 1 hour when it is received in the lab. It is of utmost importance to keep the specimen at body temperature. Keep the specimen in the shirts' pocket or trousers 'pocket to maintain temperature.
8. Please sms Sr. Lia van den Berg on 0827465129 for more information or assistance in booking your semen analysis at Midstream Fertility Clinic.

For a breakdown of fees please contact us at
info@midstreamfertility.co.za or 082 746 5129 (SMS only)

www.midstreamfertility.co.za

E & OE , please consult your Doctor for final instructions.





Midstream Fertility Clinic

We are situated in Midstream Hill Medical Park right next to the new
Midstream Medi Clinic within Midstream

Room 203
Midstream Hill Medical Park
CNR Midstream Hill Boulevard & Godley Drive
Midstream
Centurion, Gauteng

Dr J Markram | 012 6529541
Dr OJ van Schalkwyk | 012 652 9609

Infertility Clinic/Laboratory | 012 652 9638
012 652 9638 (Mon-Thu 9:00-12:00)

Fertility phone (sms purposes only) | 082 746 5129
Please send your details via sms and we will contact you

info@midstreamfertility.co.za | Lia
lab@midstreamfertility.co.za | Lizelle

www.midstreamfertility.co.za