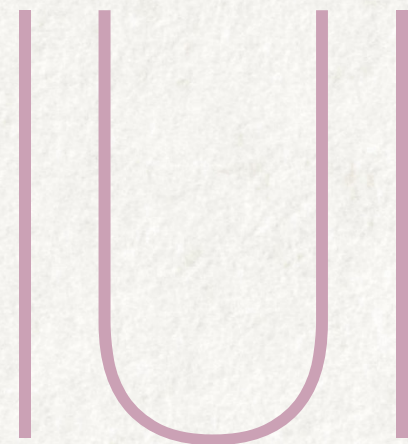


Midstream Fertility Clinic

Intrauterine Insemination (IUI)





Intrauterine Insemination

GENERAL INFORMATION

1. Please Sms us on the clinic cellphone number 082 746 5129 on the first day of your cycle (the first day of menstruation), even if it is during a weekend or after hours.

* Please regard full menstruation as day 1 of your cycle if you started before 12:00 midday (Note that light spotting is not full menstruation)

2. A sonar will be done between day two and day four to ensure that there are no cysts present in the ovaries.
3. Stimulation starts on day two to day four and is determined individually and can include:
 - Femara® (Tablets)
 - Gonadotropin (Injection)
 - Utrogestan® (Tablets)

- Menopur® (Injection)
 - A combination of the above
4. You are responsible for purchasing the medication. It can be supplied by Midstream Fertility Clinic. If you prefer to purchase the medication at another pharmacy, arrange with them in advance as these medicines are not stocked at all pharmacies and have to be ordered.

If the medication is not taken correctly and in the correct quantities, you will not stimulate successfully.

Yourself, or your spouse/partner can administer the injections. If your stimulation fails, the cycle will be stopped. The medication will then be adjusted with the following cycle.

5. The first sonar usually takes place between day 2 & day 4 of the cycle. The sonar dates thereafter are determined according to the size and number of follicles. You will undergo 3 to 5 sonars before the artificial insemination, but this may vary considerably.

6. The insemination normally takes place on day 12 to 14, but may also occur as early as day 10 or as late as day 16.
7. You are injected with Pregnyl® 36 hours before the insemination in order to pin down your ovulation.
8. If you supply the sperm sample, it has to be kept body temperature and must be at the laboratory within 30 minutes after production. The sperm sample has to be at the laboratory / fertility clinic an hour before the insemination.
9. It is acceptable to either have the sperm sample frozen in advance or make use of donor sperm. We do, however, prefer a fresh sample.

For a breakdown of fees please contact us at
info@midstreamfertility.co.za or 082 746 5129 (SMS only)

www.midstreamfertility.co.za

E & OE , please consult your Doctor for final instructions.





Midstream Fertility Clinic

We are situated in Midstream Hill Medical Park right next to the new
Midstream Medi Clinic within Midstream

Room 203
Midstream Hill Medical Park
CNR Midstream Hill Boulevard & Godley Drive
Midstream
Centurion, Gauteng

Dr J Markram | 012 6529541
Dr OJ van Schalkwyk | 012 652 9609

Infertility Clinic/Laboratory | 012 652 9638
012 652 9638 (Mon-Thu 9:00-12:00)

Fertility phone (sms purposes only) | 082 746 5129
Please send your details via sms and we will contact you

info@midstreamfertility.co.za | Lia
lab@midstreamfertility.co.za | Lizelle

www.midstreamfertility.co.za